



# Meridian Healing

*Bridging the physical with the mental, emotional and spiritual*

## Judith Brooks

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### Education & Certification

#### Master of Oriental Medicine

- *International Institute of Chinese Medicine*, Santa Fe, NM 1998  
2,500 hours, including 1,000 practice hours spent in hands-on experience and actual treatment using herbal prescription and acupuncture

#### Diplomat of Acupuncture (NCCAOM)

- National Certification, January 1999
- North Carolina Acupuncture License February 1999

#### Massage Therapy Diploma

- *New Mexico Academy of Advanced Healing Arts*, Santa Fe, NM 1992  
1,000 hour program
- License for New York State, 1992; New Mexico, 1995

#### M. Ed. In Counseling

- *St. Lawrence University*, Canton, NY 1988  
Internship with St. Lawrence Mental Health Clinic  
Graduate Assistant to Program Director

#### B. A. in English

- *Potsdam College*, Potsdam, NY 1986

### Experience

#### Health Touch – Durham, NC

- *2005 – present*  
Specializing in acupuncture treatments and Chinese herbology in private practice

#### Holistic Medical Health Center – Durham, NC

- *2003 – 2005*  
Specializing in acupuncture treatments and Chinese herbology in private practice

#### Acupuncturist and Massage Therapist, Bridges to Health – Integrative Physicians – Durham, NC

- *1999 – 2003*  
Specialized in acupuncture treatments, Chinese herbology and Five Element diagnosis in an integrative health care center

#### Assistant Director, Reachout of St. Lawrence County – Potsdam, NY

- *1988 – 1991*  
Coordinator of volunteer training programs for county-wide crisis hotline and Employee Assistance Program Coordinator

#### St. Lawrence Renewal House – Canton, NY

- *1988*  
Facilitator of group therapy for women with domestic violence issues

**Advanced  
Studies**

**Jin Shin Do Acupressure**

- *Jin Shin Do Institute*, Santa Fe, NM  
125 hours

**Reiki Master Training**

- Jemez Springs, NM  
30 hours

**Kiiko Style Japanese Acupuncture**

- Santa Fe, NM & Durham, NC  
100 hours

**Natural Pain Relief Techniques for Childbirth**

- Debra Betts

**Continuing  
Education Units**

**Recertification, within every 2 year period, the following:**

- **Acupuncture**  
40 hours
- **Massage Therapy**  
25 hours

**Community  
Service**

**Cornacopia House** – Chapel Hill, NC

- 1999  
Worked with support center for people with cancer